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The cover of the Metro Boston newspaper. The word "metro" is written in large white letters on a green background. Below it, "BOSTON NO. 1 FREE DAILY IN THE US" is written in white. At the bottom, it says "Tuesday, April 17, 2018 metro.us | t: MetroBOS | f: MetroBoston". A woman in a black tank top and headphones is running on the right side of the cover. The word "ISTOCK" is in the bottom right corner of the image.

We have the best schools, and if you're a local, here's why you should stay. 10

A large image of Desi Linden, a female runner, smiling and raising her arms in victory. She is wearing a white and yellow running vest with "HANSONS" and "BROOKS" logos, and an "adidas" and "2018 BOSTON MARATHON" bib with the name "DESI". Behind her is a large American flag. To the right, the text "GO DESI!" is written in large, bold, white letters. In the bottom right corner of the image, there is a white box containing the text: "Desi Linden stole the show at the 122nd Boston Marathon on Monday, becoming the first American woman to win the race in 33 years. 15". The word "GETTY IMAGES" is in the bottom right corner of the image.



## WELCOME TO METRO BOSTON

MATT BURKE, SPORTS EDITOR

A little rain didn't ruin Patriots' Day as Monday's Boston Marathon turned out to be one of the more memorable races in its storied history. Desi Linden, originally from California but now living in Michigan, became the first American woman to win Boston in 33 long years. The success of American women runners was the big story of the day as seven of the top 10 runners hailed from the United States. For more marathon coverage and a look at the best places where you can run in the city, check out pages 15-16 and [metro.us](#).

## SEAN HANNITY REVEALED AS COHEN MYSTERY CLIENT

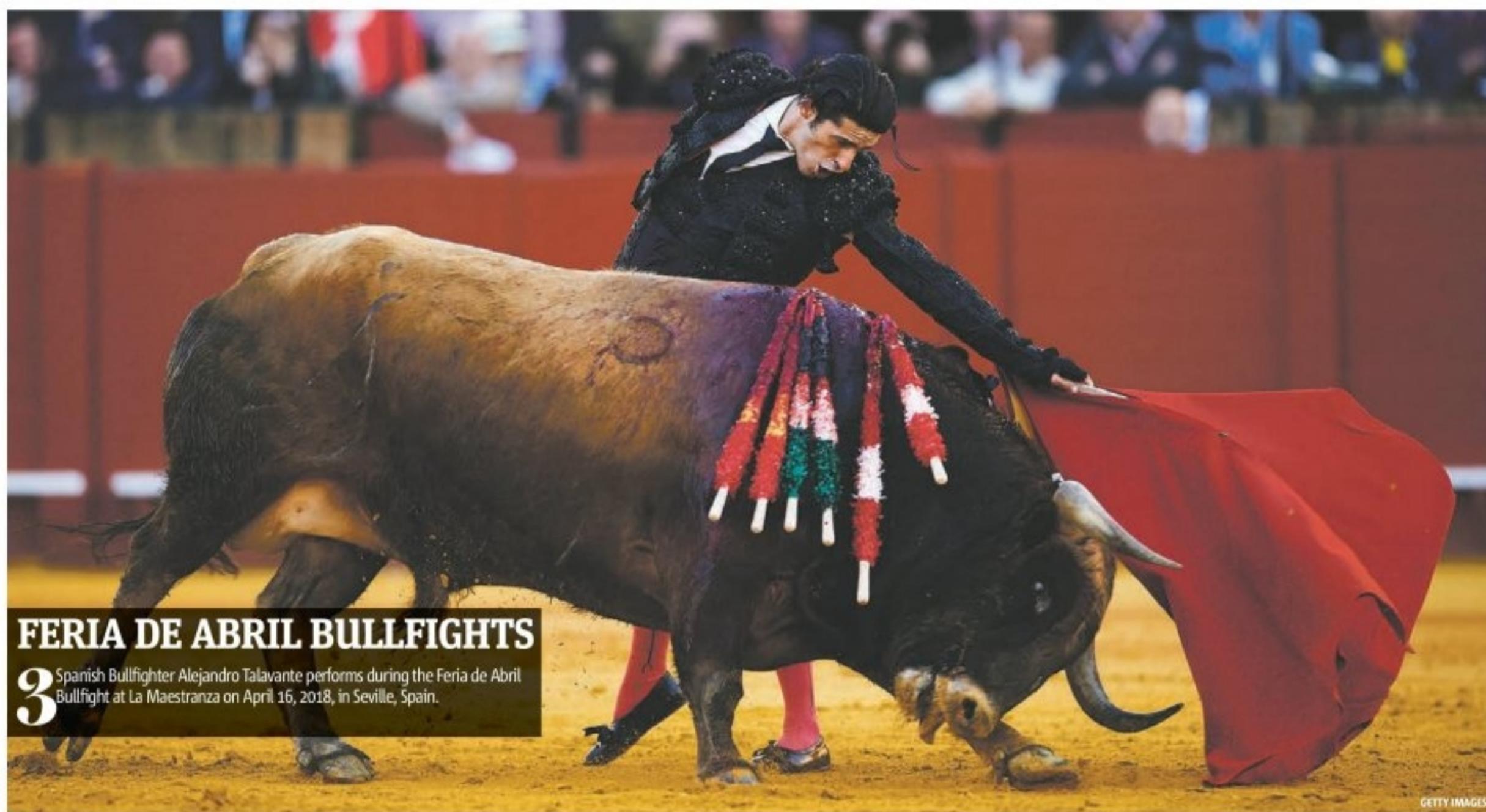
**I**President Donald Trump's personal lawyer was forced on Monday to reveal in a New York federal court that Fox News personality Sean Hannity, one of Trump's most ardent defenders, was also on his client list. Michael Cohen, Trump's fiercely loyal and pugnacious lawyer, disclosed Hannity's name through one of his own lawyers at the order of the judge. Stormy Daniels, an adult-film actress who claims to have had a sexual encounter with Trump, watched from the public gallery. Daniels is fighting a 2016 nondisclosure agreement arranged by Cohen in which she

got \$130,000 to stop her from discussing her claim she had sex with Trump a decade prior, something Trump has denied. Hannity, 56, said on Monday that he had never paid for Cohen's services or been represented by him, but had sought confidential legal advice from him. The conservative host often uses his weeknight broadcast on Fox News to defend the president against what he sees as biased attacks by the media. The unexpected naming of Hannity made him the latest outsized media personality to be drawn into the investigation's cast of unlikely supporting characters.

## WHITE HOUSE DELAYS NEW SANCTIONS ON RUSSIA

**2**President Donald Trump has delayed imposing additional sanctions on Russia and is unlikely to approve them unless Moscow carries out a new cyberattack or some other provocation, a senior administration official said on Monday. U.S. Ambassador to the United Nations Nikki Haley said on Sunday that Washington was preparing new sanctions on Russia over its support of Syrian President Bashar al-Assad. "The ambassador got out ahead of things this time," the senior administration official told Reuters on condition of anonymity. The Washington Post first reported that

Trump had put a stop to a plan for additional economic sanctions on Russia. The official said Trump was concerned that immediately imposing more sanctions, on the heels of last weekend's U.S.-led strike against Russian-backed Assad, would interfere with his efforts to negotiate agreements with Russian President Vladimir Putin on combating Islamic extremism, policing the internet and other issues. The U.S. has taken a series of measures against Russia, including expelling diplomats over a poisoning case in Britain and imposing sanctions against 24 Russians over interference in the presidential election.



## FERIA DE ABRIL BULLFIGHTS

**3**Spanish Bullfighter Alejandro Talavante performs during the Feria de Abril Bullfight at La Maestranza on April 16, 2018, in Seville, Spain.

## REPUBLICANS INTENSIFY ATTACKS ON JAMES COMEY

**4**President Donald Trump, his White House staff and the Republican National Committee escalated their attacks on Monday against the former director of the Federal Bureau of Investigation who called Trump a "morally unfit" leader in an interview. James Comey, who was fired by Trump last year amid an FBI investigation of possible ties between Russia's meddling in the U.S. election and Trump's 2016 campaign, made his comments in an interview with ABC News on Sunday, saying Trump may be vulnerable to blackmail by Russia. Comey has written a book

to be released on Tuesday that also is highly critical of Trump. During the weekend the president had tweeted that Comey was a "slimeball," "a leaker & liar" and a terrible FBI director. On Monday, he returned to Twitter to accuse Comey and "others" of committing "many crimes." Trump provided no evidence of a crime and Comey has not been accused of wrongdoing by legal authorities. He may be a witness for any charges of obstruction of justice under consideration by U.S. Special Counsel Robert Mueller, who is investigating connections between Trump's campaign and Russia.

## DATA: 'SUSPICIOUS GROUPS' BEHIND FACEBOOK ADS

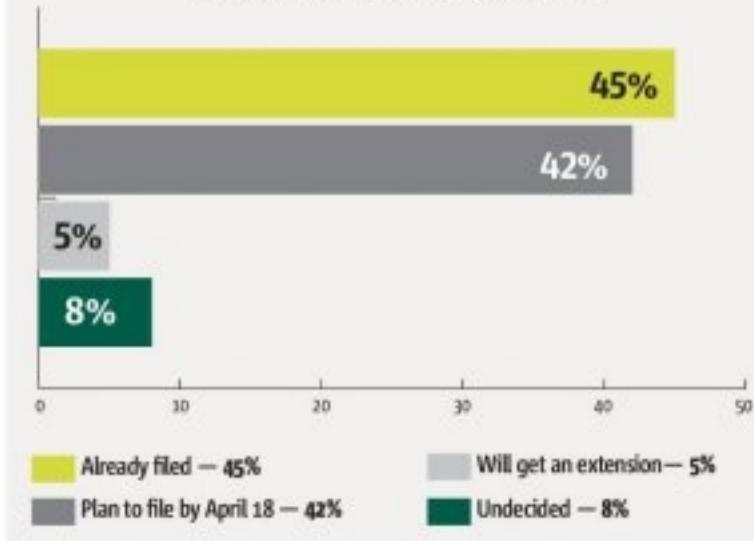
**5**Most of the political ads about divisive issues that ran on Facebook Inc. before the 2016 U.S. presidential election were sponsored by "suspicious groups" with no publicly available information about them, according to a study released on Monday and based on a database of 5 million ads on Facebook. One in six of those groups was linked to Russia, according to a University of Wisconsin-Madison study, and the identities of the rest of the 122 groups that are labeled "suspicious" are still unknown, an indication of the influence of "astroturf" or shell companies in U.S. politics.

Over a quarter of the suspicious ads mentioned Donald Trump or Hillary Clinton, two of the presidential candidates in the election, and 9 percent expressly advocated for or against individual candidates. Most other ads deliberately avoided mentioning candidate names while still getting the message out by doing things like supporting policies pushed by candidates, Young Mie Kim, the lead researcher said. The researchers labeled suspicious ad-buyers as groups with pages that have been inactive, inaccessible, removed or banned by Facebook, and there was no information available publicly about them.

### STATS

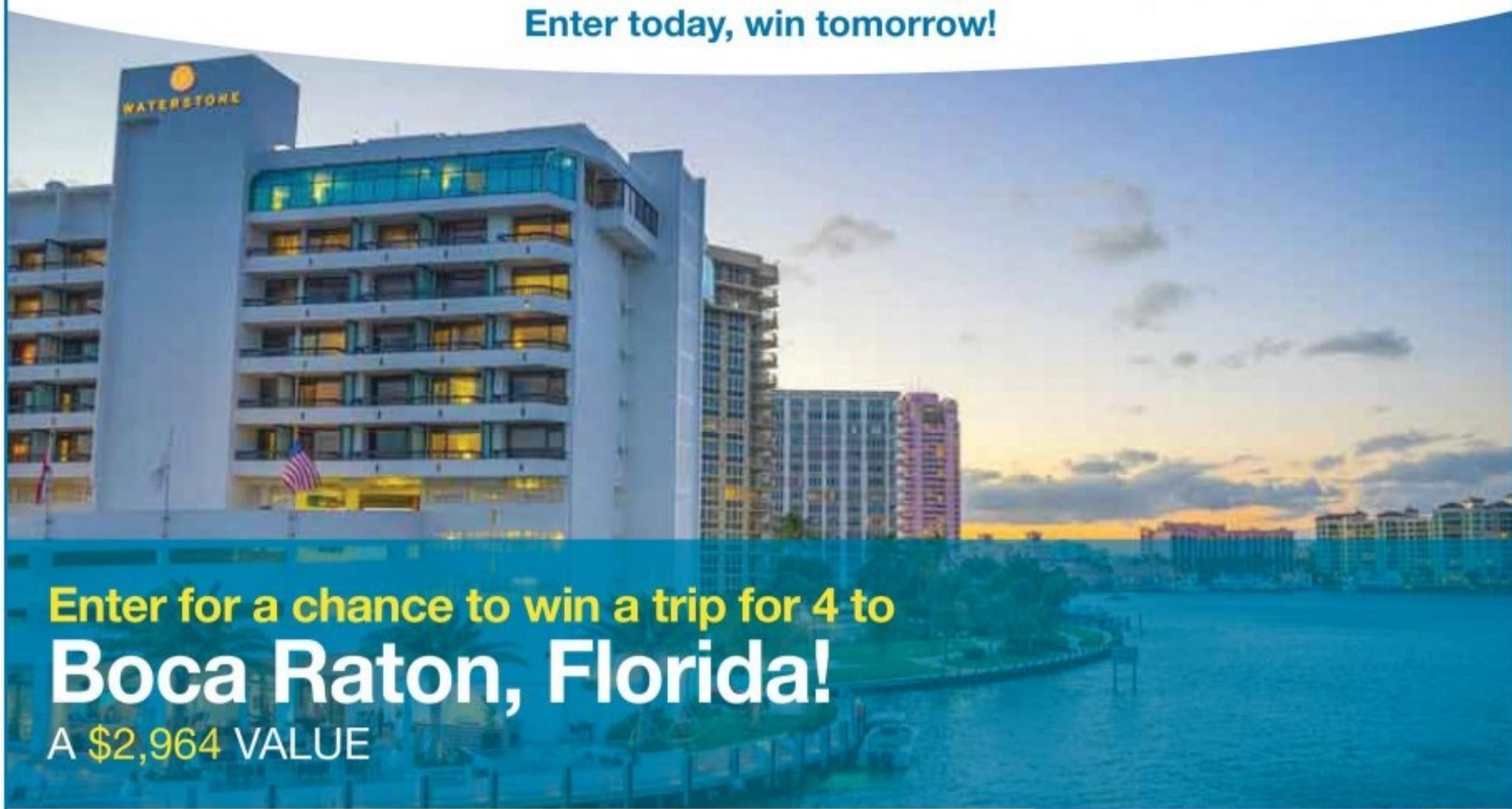
### INCOME TAXES

When will you file your income taxes?



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## NEWS

Thousands of runners and spectators braved April showers at the 2018 Boston Marathon on Monday.



MORGAN ROUSSEAU  
morgan@metro.us

It was a wet and windy day on Monday for the 30,000 runners who took on the 122nd Boston Marathon, but that didn't stop them from hitting the puddled pavement to sprint toward that finish line. Nor did it keep their loved ones away.

As in past years, several thousand spectators descended along the Boston Marathon route to watch the runners take on this year's race. The challenge was made even harder thanks to relent-

# A sunny disposition surrounded the 122nd Boston Marathon despite rainy race weather

less spring showers and chilly winds. Even so, the crowds were in good spirits. For some, that was due to the endorphins. Others had their own personal inspiration to thank.

Runner Emily Yeh-Johnson's husband Dean Johnson held an enlarged photo of his wife at Monday's race. Johnson was a student at Virginia Tech when a shooting massacre took place in 2007. Emily was running to honor the victims of that tragedy, as well as the 2013 Boston Marathon bombing.

"Today being [the anniversary of the shooting] is significant, so Emily's also wearing ribbons while she runs to support both Boston Strong and Virginia Tech," he said.

Erik Morris came from Columbus, Ohio, to run the marathon — it was his fourth time doing so. "I was here two years after the [Boston Marathon] bombing and it was similar weather. I did well



then and I did well now. It's always interesting to see all the different people with different injuries and different disabilities. It gives you a lot of motivation to think, 'Oh my gosh, they're doing this despite that [challenge]. That's impressive.'"

Chelsea Oswald, another Ohio resident, had just finished her first Boston Marathon yesterday: "I was trying to break three hours and I ended up doing that, so that was my goal."

Laura Fox traveled all the way from Anchorage,

Alaska, just to "see how fast I could do it."

"It was a tough day, so I was just happy to finish," said Fox. "It was hard. At some point, it was raining so hard everyone was just kind of laughing."

*Read more about the Boston Marathon results on page 15.*

## 30,000

On Monday, 30,000 runners took part in the 122nd Boston Marathon.



Runner Emily Yeh-Johnson from Alexandria, Virginia, has fans and cheerleaders in the form of her brother Teddy Yeh from San Francisco, husband Dean Johnson, her father Jarvis Yeah from Chicago, and her brother's girlfriend Amira Anuar.



Colorado dad Heath Kirschner brought his daughter, 11-year-old Ella, to watch him run this year. ALL PHOTOS DEREK KOYOUHMIAN

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## \*\*Correction\*\*

Symphony Plaza

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Phone Number: (617) 266-9778 • Fax: (617) 266-6448

Symphony Plaza is re-opening the waitlist for 1 and 2 bedroom apartments.

Applications will be available beginning at 9:00am on Wednesday, April 11, 2018 through April 23, 2018 at 5:00pm.

Symphony Plaza is subsidized under the federal Section 8 program and subject to IRS Code Section 42 (Low Income Housing Tax Credit). In order to be eligible, you must be 62 or older, or disabled and under 62, and your total family income must be below the HUD income limits listed below.

Applications can be picked up at the security desk in the lobby of both buildings from 8:00 a.m. until 9:00 p.m. every day of the week (including Saturdays and Sundays). You may also request to have an application mailed to you by calling the office at 617-266-9778, TTY/TDD: 711 or email [symphonyplazainfo@schochet.com](mailto:symphonyplazainfo@schochet.com).

### Household Maximum Income Limits

Household Size	Annual Household Income
1 Person	\$37,750
2 Person	\$43,150
3 Person	\$48,550
4 Person	\$53,900
5 Person	\$58,250

Applications may be returned by USPS mail, fax or hand-delivered to the office by April 27, 2018 by 3PM. This is the final deadline for taking applications for the lottery. Completed applications can be placed in a secured drop box located outside the Security Office at 333 Massachusetts Ave, Boston, MA 02115. Mailed applications must be postmarked by April 27, 2018 by 3PM. Position on the waitlist will be determined by lottery. The timing of an application submission will have no bearing on its placement on the Symphony Plaza wait list.

The lottery selection will be held on **May 11, 2018 at 11:00 AM** in the A Level Community Room at 334 Massachusetts Avenue, Boston, MA 02115. You do not need to be in attendance for the selection process since you will be notified of your position on the waiting list.

For more information or reasonable accommodations for applicants with disabilities, call The Schochet Companies at 617-482-8925.

### Equal Housing Opportunity

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# Cambridge police investigating after officer hit black Harvard student

Cambridge Mayor Marc McGovern called a video depicting an officer striking the student "disturbing."



KRISTIN TOUSSAINT  
kristin.toussaint@metro.us

A video of a Cambridge police officer punching a black Harvard student while he was physically restrained has prompted an investigation, the result of which will be made public, Cambridge Mayor Marc McGovern assured.

Cambridge Police Officers responded on Friday night to multiple 911 calls reporting a naked man of color who allegedly threw his clothes in a woman's face.

After arriving on the

**"What is shown on the video is disturbing."**

Marc McGovern,  
Cambridge mayor

A video of the incident, captured by a bystander, shows the officers grabbing Ohene's legs and taking him to the ground, and then one officer striking Ohene as the others try to restrain him.

In a redacted police

scene at the intersection of Massachusetts Avenue and Waterhouse, the police were met with "opposition" and hostility, according to the department, when they attempted to calm down the man, later identified as 21-year-old Selorm Ohene.

Three police officers and a Transit Police officer pinned Ohene — who may have been on hallucinogenic drugs, an acquaintance told police — to the ground in an attempt to restrain him, according to the department.



Cambridge Police Officers responded on Friday night to multiple 911 calls reporting a naked man who allegedly threw his clothes in a woman's face. iSTOCK

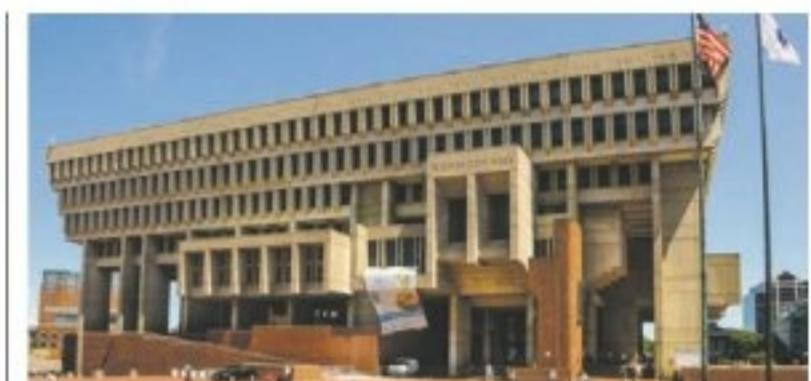
report, Officer Steven Burke wrote, "Unable to pry Ohene's hands from underneath his body, I delivered approximately 5 strikes with a closed fist to the area of his stomach."

"What is shown on the video is disturbing," McGovern said in a statement released Sunday. "We have high standards for our police officers in Cambridge."

Ohene was charged with indecent exposure,

disorderly conduct, assault, resisting arrest and assault and battery on an ambulance personnel.

"Because use of force was required in order to gain compliance from Ohene to avoid further injury to himself, the responding officers or any on-lookers," Cambridge police said in a statement, "an internal review will be conducted by the department's leadership and professional standards unit."



The fifth annual Muslims for Life blood drive will be held at Boston City Hall. iSTOCK

## Muslims for Life blood drive commemorates Boston Marathon bombing victims

It's been five years since the Boston Marathon bombings, and a local group continues to host a blood drive in honor of those affected.

The Ahmadiyya Muslim Community Boston Chapter will host its fifth annual "Muslims for Life" blood drive at Boston City Hall on Wednesday.

This drive is part of the national Muslims for Life campaign, which the Ahmadiyya Muslim Community began after the Sept. 11 attacks.

On the tenth anniversary of that tragedy, the community kicked off a national campaign to

honor those victims and to "emphasize Islam's essential teaching regarding the sanctity of life," according to their website.

The national blood drive has collect more than 50,000 pints of blood across the country in commemoration of tragedies like 9/11 and the Boston Marathon bombings, the community said.

The Ahmadiyya Muslim Community is headquartered in the U.K. and has more than 70 chapters in the U.S.

Wednesday's blood drive will be from 10:30 a.m. to 4:30 p.m. at Boston City Hall. KRISTIN TOUSSAINT

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# Trump tax cuts will stimulate the economy, but concerns persist

Trump's tax plan is showing some early signs of market stimulation, but concerns persist about its long-term effects.

 **SAM NEWHOUSE**  
sam.newhouse@metro.us

Love him or hate him, President Donald Trump held true to his campaign promise of cutting taxes. Plenty of working Americans will get more money back in their tax returns in 2017, partly thanks to a reduction of the tax withholding rate, and significantly lower tax rates taking effect this year will mean even bigger returns next year.

"From the near-term perspective, I think you're seeing stimulation, particularly on my end — people are taking money out of markets now, investable income from bonuses or whatever it might be and putting it into hard assets," said Cody Vichinsky, co-founder at Bespoke Real Estate. "My segment, being ultra-luxury real estate, is not prone to impacts of policy in the same ways as other

areas. It's much more about emotion. ... They sentimentally are feeling a little more financially free or capable to invest that money into an asset."

Bespoke Real Estate is a high-end real estate brokerage that only sells properties in the Hamptons that cost more than \$10 million, with a median sales price around \$27 million. Vichinsky said the impact of cuts here and there is less important to his clientele than a general optimism bubbling up in domestic markets, noting that indicators like retail sales are on the upswing, which he said is driving investor confidence upward.

"People are benefiting across the entire spectrum, whether they're a lower tier of wealth or luxury, ultra, ultra high-tier," he said. "People have retained a little bit more of their income, whether through their tax sav-

ings or their bonuses, and they can go put back more into the economy. ... The data says to me the markets are moving at a better pace than they have been."

But after the cuts are in place, along with planned decreased funding to various government agencies and social services, the outlook might get a bit dicier.

"The interest rate hike and the addition to our national debt based on the tax cuts, the long-term analysis of that is on people's minds for sure," Vichinsky said.

Trump's plan included a 20 percent deduction in the tax rate for so-called pass-through entities, where income "passes through" to an

owner who pays an individual income tax rate under the old code. Some say that aspect of the code is a big stimulus

GETTY IMAGES

## 20%

Trump's tax plan included a 20 percent deduction in the tax rate for "pass-through" entities.

for markets like real estate, while others question its long-term effects.

Main Street Alliance, a network of small business owners, said there are more risks than benefits in that deduction and the tax plan in general for their members.

"The national median income for a typical business is \$50,000 — these are the bodegas and auto mechanics who are likely to see hikes in their health insurance premiums that far outweigh any small tax cut they may receive," the group said in a new report on the impact of the Tax Cuts and Jobs Act. "Income from pass-through businesses skews heavily to the very wealthy, with 70 percent of pass-through income accruing to the top 1 percent of income earners — these are the hedge fund managers and Wall Street lawyers who are



Cody Vichinsky, co-founder at Bespoke Real Estate, an ultra-high-end Hamptons brokerage, said he sees signs in the short-term of market confidence after the Trump tax cuts. COURTESY OF BESPOKE REAL ESTATE

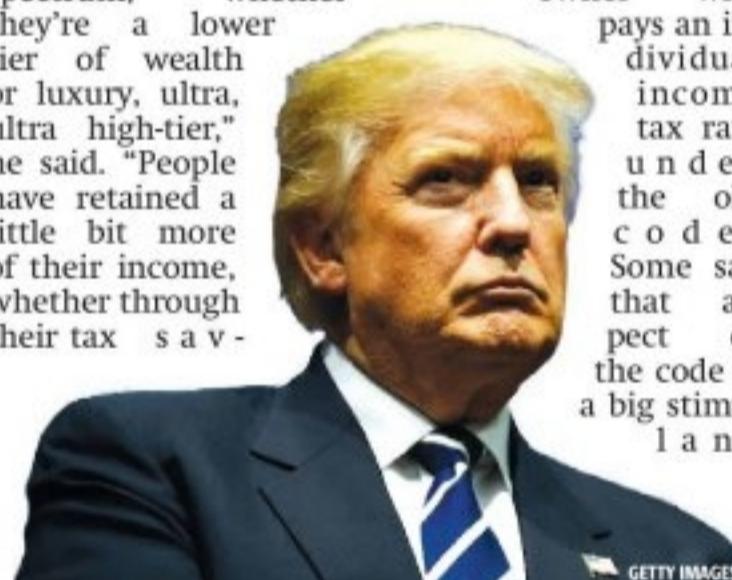
also pass-through income earners."

Overall, the Alliance said, they expect small business owners to be impacted negatively more than they will gain from the cuts.

But Vichinsky said he thinks individuals can look to short-term benefits from the cuts, if they're willing to put in the time to understand it.

"There's a ton of misinformation out there because most people

don't have the wherewithal or the adeptness to read tax policy. There are a lot of things people have to know from a nuanced perspective to capitalize on the tools I'd say are embedded in this policy that can help them save money," he said. "At the same time, you're reading all these big headlines in the news, but you have to boil it down to, 'Are you paying more money or are you making money?'"



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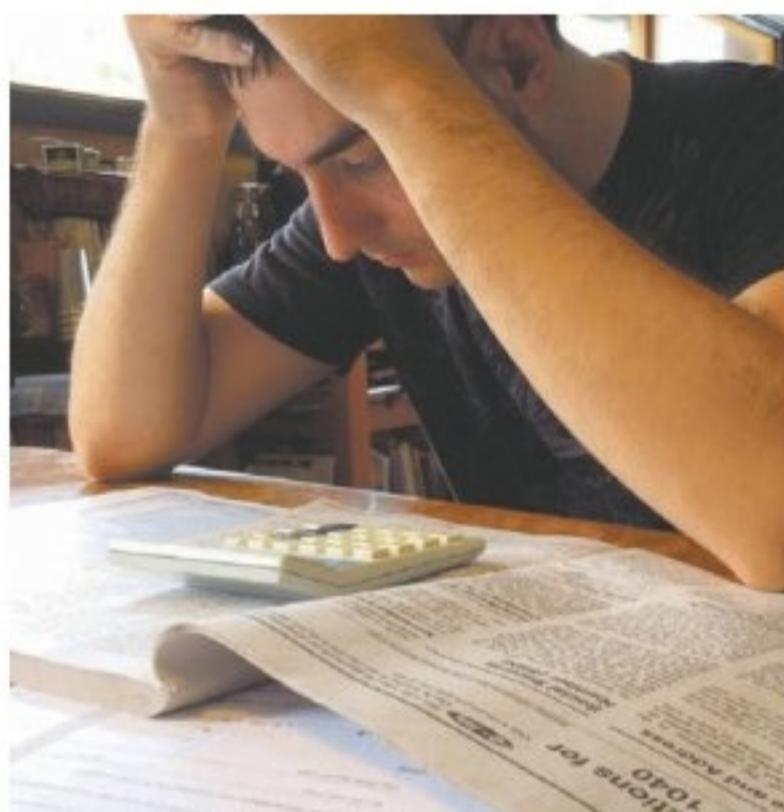
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Attorney



Filing for an extension on your taxes needs to be done at the same time as everyone else is turning in their actual taxes. GETTY IMAGES

## How do I file for a tax extension, and is filing for an extension bad?

You're not going to make it. You had grand plans to file your taxes this year way ahead of the rush — you even got all those discount emails from several tax filing firms — but life just got in the way. Somewhere between all the weekend shopping and errands and straight exhaustion from work, you just never got around to it. So now the question is: How do I file for a tax extension?

### Filing for an extension: Is it bad, and is there a penalty?

We'll cut to the chase here about filing for an extension: No, it's not bad — as long as you do it on time. Filing for an extension on your taxes needs to be done at the same time as everyone else is turning in their actual taxes, which means now.

You'll need to have all the paperwork filled out electronically — or filled out and mailed in — by the deadline, which varies from year to year. In 2018, that's Tuesday, April 17.

Here's the thing that you need to remember when filing for an extension, though: The IRS is all about that money. You need to not only file for

**“The failure-to-file penalty is generally more than the failure-to-pay penalty.”**

The IRS, on its website

extension. Simply select the paperwork for over or under \$66,000 based on your annual income.

If you file for a tax extension, your tax filing deadline will be October 15 — but your estimated taxes, again, are still due on Tax Day.

LINNEA ZIELINSKI

## TAXES

### Why are taxes due on April 17, not April 15?

It's not that you're ungrateful. You appreciate each and every second of those extra few days to track down your W2 and finally file your 2018 taxes. But, why are taxes due on April 17? Isn't that dreaded date generally April 15?

First of all, no, you haven't been turning your taxes in early every year or losing out on valuable days. Tax Day is, indeed, generally on April 15, but there

are exceptions so the exact date can vary from year to year. You might remember, for example, that Tax Day 2017 and 2016 fell on April 18. So, what's the deal?

Why are taxes due on April 17? Well, part of it has to do with the federal government and their workweek. If April 15 falls on a weekend, which it does this year, the exact date of the tax deadline gets bumped since no one's around at the IRS to check that everything's been filed.

This year, April 15 falls on a Sunday, meaning government offices are closed.

So why aren't your taxes due on that Monday, April 16? That's where you got another lucky break this year — although, we suppose, not as lucky as in 2016 and 2017 when April 15 fell on a Saturday. Our taxes aren't due the Monday directly following April 15 because it's a holiday, though you might not have ever heard about it.

Monday, April 16 is Emancipation Day. Although many people let the holiday pass unrecognized, it's a big enough federal holiday for government offices to be closed. That includes the IRS, which is why you get one more day to complete your taxes.

Emancipation Day marks the date Abraham Lincoln signed the Compensated Emancipation Act in 1862, thereby freeing more than 3000 slaves in the District of Columbia. LINNEA ZIELINSKI



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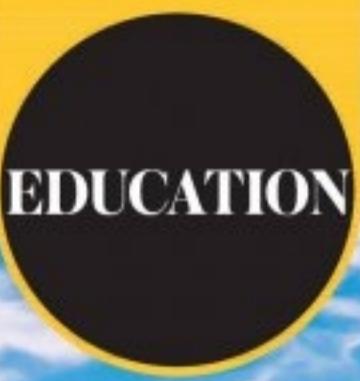


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Maybe it's better in Boston, when it comes to school?



# Why Boston is the higher-ed capital of the U.S.

There's more for students in Beantown than you think.



If you're a prospective student, you may be wondering why you should consider moving to Boston for school unless you get into Harvard. It's a great school! But not all 152,000 college students in the city go there. So what is it that makes Boston such a city on a hill for higher education?

## Getting around

Both Boston proper and nearby Cambridge are in the top 10 for cities in the U.S. with the highest rates of pedestrian commuting. Walks to class among all the old buildings are gorgeous — they're also a great way to save fossil fuels and get some exercise. Boston's streets are not on a grid system, so you'll love recreational walking if you find ad-

venture in getting lost! If you prefer to get around by bike, you can hop on a Hubway. Of course, there's always the T, Boston's subway system — just remember that the T stops running around 1 a.m., so be sure to check your line's schedule before a late night out with the squad.

## Wide open spaces

Though Boston is a densely packed city, there are plenty of spots to get out in the sun and forget about coursework. Boston Common — the first green space most out-of-towners hear about — is part of the Emerald Necklace, an 1,100-acre network of parks, parkways, and waterways that includes Franklin Park and the Arnold Arboretum. Harvard Yard, aside from being that place where you "pahk the cah," is a gorgeous spot to lie around under the shade of a tree. Lots of people go running on the Charles River Esplanade, and there are trails near the city where you can hike with your school

chums.

## Sports

They don't call it "Titletown" and "City of Champions" for nothing — its sports teams dominate. Prospective students who want to catch a game will not be disappointed — the Red Sox, Patriots, Celtics, Bruins and Revolution all call Boston home.

## Snow

Some consider it the bane of their existence — many others have been waiting all their lives to see it. Either way, snow is a guarantee for a winter in Boston, and it's pretty as heck. For the fitness-obsessed, you can think of the shoveling and trudging through you'll have to do as

another free exercise opportunity!

## Tons of schools

Boston has a vast array of choices when it comes to schools, with 35 colleges, universities and community colleges — plenty of variety for the high school graduate who wants to take advantage of all the city has to offer.

There's no reason for prospective students to think of Boston as an exclusive city for the likes of Mark Zuckerberg and Barack Obama. It's the Higher Ed Capital of the U.S. because its infrastructure, greenery, sports, climate, and variety of options make it an ideal place to study while having fun and staying healthy.



The smarties are coming!  
ALL PHOTOS ISTOCK



## Five Ways to Make Your Money Go Further in College

In Massachusetts, the debt burden of all graduates from Massachusetts' four-year public colleges and universities has more than doubled in 15 years\*.

Don't let paying for college be the reason you don't attend.

Starting your college career at Bunker Hill Community College (BHCC) is a great value for you to jumpstart your career or transfer to a four-year institution. If the cost of college worries you, BHCC has five ways to make College work for you.

**Complete the FAFSA online at [fafsa.ed.gov](https://fafsa.ed.gov)**

by Tuesday, May 1, 2018

Enter BHCC's School Code  
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\* "Educated and Encumbered," Massachusetts Budget and Policy Center, March 1, 2018.

\*\* Cost Calculator: Tuition & Mandatory Fees, Massachusetts Department of Higher Education

### 1. Apply for Financial Aid

At BHCC, 55% of enrolled students receive financial aid to cover the costs of tuition and fees as well as textbooks. For those who qualify, additional funding may be available through the City of Boston's Tuition Free Community College Plan (for Boston Public Schools' graduates who qualify) or from the Commonwealth of Massachusetts' MassGrant program for degree-seeking community college students. Act fast. Determine your eligibility for student financial aid.

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# Why you should go local for college

Mom and Dad might be onto something, after all.



KARL SAINT LUCY  
letters@metro.us

You can see the light at the end of the tunnel — you're almost done with high school. Forever. Now's your moment of truth: do you assert your soon-to-come adult independence by getting as far away as you can from everything you know, or do you stay local? A change of scenery might be nice, but sticking close to home has some awesome advantages.

**You'll save cash**  
You might think that in-state tuition is your biggest cost-cutter when it comes to higher education. That's legit. But you may not have



Despite wanting to get as far away from home as possible, it's actually a good idea to stay local. iSTOCK

thought about some of the other ways you can rack up expenses in college. For one thing, rent prices for on-campus housing are insane, and you'll save a ton if you can live with family.

Anyone who's gone to college far away can tell you that flights home for the holidays are pricey, not to mention stressful. As for food, even Dad's weirdest omelet experiments are

better than anything you'll get at the dining hall, and they're definitely cheaper. Saving some dollars will help you be more present for a full course load and lit social life.

**You know your city**  
There's lots to love about Boston. You've grown up riding Septa, so you won't have to put yourself through the harrowing ordeal of learning a new public transit system. Plus, your new pals from out of town will see you as a regional wizard once they know they can count on you for flawless directions without (immediately) consulting your smartphone. You've spent

your whole life going to your favorite team's games — not only will you get to keep seeing them play at home, you might make fans of your college friends. And remember that movie theater by your house with the gummy seats? Yeah, you can save your chums from a sticky situation with peerless "I grew up here" know-how.

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You're an adult now, so the decision is yours when it comes to the choice between staying in town and leaving for college. But don't jump to a hasty conclusion just because you think it might be cool to finally get some space from your parents! The benefits of sticking around deserve their fair shake, and getting Mom to stop nagging you to stay close by isn't the only one.

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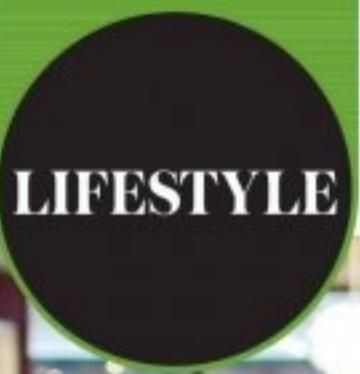


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# Why you need a financial adviser



Shannon McLay wants you to feel good having that drink, instead of worrying about how much it cost. FINANCIAL GYM

Even if you don't think you do.



EVA KIS  
eva.kis@metro.us

Most of us don't think we need a financial planner. Maybe you're one of the lucky ones who can pay their bills and throw a few dollars toward their 401K every month. Or maybe you live paycheck to paycheck and all you do is worry about money.

Thing is, there are things both of these people can learn from a money manager. Today is Tax Day, but all of April is Financial Literacy Month, and it's time to consider how a financial planner could change your life — because the work a real financial manager does is nothing short of that.

"It starts with the finances, but it ends up being about everything else," says Shannon McLay, a former Merrill

Lynch financial analyst who started her own company called Financial Gym, a fitness-inspired money management hub to help with anything from resolving debt to figuring out how you can have that extra glass of wine when you go out to dinner.

"Once they start focusing on their house, or they can afford the gym now or they're eating in more and it's healthier for you, it's a lot of different things."

So, who needs a financial trainer? We asked McLay what unlikely candidates may get out of making a few money moves.

## The youngest spenders

The Financial Gym's clients range from 18 to 72 years old. Young people just entering college come to her as a preemptive strike against student loan debt, a

problem that 44 million Americans are facing to the tune of over \$1.4 trillion.

"I have a conspiracy theory that the schools don't want you to know these things, because how else would they get you to take out six figures of debt, which makes no sense?" she says.

One of her clients came in with \$250,000 in student loan debt at the age of 26, telling McLay, "I feel like I'm unlovable, like no one would marry me with this debt. And that's such a sad thing, but we've heard that more than once."

Being fiscally responsible doesn't just assure your financial future — it may be something to put on your Tinder profile.

## The ones who just can't

If a financial problem is bad enough, they'll figure out a way to find you,

right? That's the kind of thinking that gets you into real trouble — one of McLay's clients found out from her boss that her wages were going to be garnished because she hadn't responded to repeated collection requests. "We have people literally come in and open mail with us," says McLay. So if you just can't take the pressure of knowing how big your problem is, let someone else sort through the mess and figure out a way through.

## The social media addicts

We're all slaves to Instagram, but waiting in line for two hours to get a giant milkshake and going after the brands Kim Kardashian endorses are two different things. "Social media is killing everybody," says McLay. "A lot of what we end up doing with our clients is life coaching

them and mentoring them to not get caught up in the social media beauty of it all, because we know what's behind the scenes of social media posts and it's usually a lot of credit card debt and sadness and depression."

## The couples who are in trouble

It's not on McLay's business card but it should be: In the four years that Financial Gym has been in existence, not one of the couples have divorced. That's because financial advice often ends up being relationship advice.

McLay noticed a wife spending \$1,000 over three months in \$3 increments at Rite Aid. It turned out she was buying Diet Cokes there because her husband didn't like her buying it in bulk at the grocery store because it's unhealthy. "I say, OK, but what's really

unhealthy is your wife acting out because she's not allowed to have it in the house," she says.

Want to feel like you're working as a team and being honest with each other? Nobody can hide behind a balance sheet.

## The frugal ones with savings

Even clients who are doing well come to McLay worried — nobody, she says, feels "abundance" when it comes to their bank account. "One of my most financially set couples, I say what's your goal and he said, 'I just want to know I can afford an extra glass of wine,'" she recalls. "They had \$90,000 in the bank. Our really fit clients are scared to spend money or judge themselves for spending money." Talking to a financial adviser can help you understand how to spend money, not just save it.



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# Is cellphone radiation actually good for you?

A study of cellphone radiation on rats had the exact opposite results you'd expect.

MICHAEL MARTIN  
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Since we're already living in Bizarro World, consider this: What if decades of rumors about cellphone radiation were totally wrong? What if, instead of causing cancer, it actually helps you live longer?

That's what a writer for Mother Jones said newly released animal research appears to show.

Kevin Drum examined the final draft report of the National Toxicology Program, a study of the effect of cellphone radiation on rats. What he found was just about the opposite of the worst-case scenario about radiation and cancer. Rats with no exposure to radiation died younger, and radiation exposure appeared to prevent the most common



Staring at a screen actually ain't that bad. iStock

fatal disease in the species.

"The study found that a very small number of male rats exposed to radiation developed malignant gliomas, though oddly, there was no dose-response effect: rats exposed to low levels of radiation developed gliomas at the same rate as

those exposed to high levels," Drum wrote. "In any case, the overall effect was not statistically significant. Female rats showed no ill effects at all. The same was true for schwannoma tumors (which are often benign): male rats showed a small increase while female

rats didn't."

The study said there was "some evidence" of cancer-causing activity based on those schwannomas, but it was low and confined to males.

Drum also pointed out this finding in the report: "In males, survival was greater in all exposed

groups compared to sham controls, though it was statistically significant only in the 1.5 and 3 W/kg groups. Survival in the sham control group was 28 percent compared to 48 percent, 62 percent, and 48 percent in the 1.5, 3, and 6 W/kg groups, respectively."

In other words, the rats that weren't exposed to radiation lived less than half as long as rats exposed to the medium dose of radiation. And rats exposed to the most radiation still lived longer.

The authors said the control group largely died of kidney disease, which is common in the strain of rat used for such studies. But the groups exposed to radiation had less occurrence of the disease — and the higher the radiation dose, the less disease there was. The study's authors said the radiation may have reduced inflammation that tends to cause the illness.

The peer review of the study was held last week, Drum said. The review panels voted to accept the report's conclusions. But there was no discussion of the longevity findings. "I'm not sure what we should make of this," he wrote.

Like every other news event in 2018, in other words.

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# This new fitness app lets you train like a celeb

Introducing BBS by celebrity trainer Simone De La Rue.

 **SAM BRODSKY**  
Samantha.Brodsky@metro.us

When you think of celebrity workouts, it's hard not to picture Chris Pratt abs engaged in poolside planks or Michelle Obama arms banging out push-ups at a weekend boot camp. And now, we can work out like Hollywood stars with celeb trainer Simone De La Rue's new Body by Simone (BBS) app — it stays true to her high-intensity, dance-based Body by Simone method that she's known for.

"It is a celebrity's job to look a certain way for a film. They're paid to train for a specific role, so they have a goal to work towards and a tight deadline to achieve the results," De La Rue told Metro. "Training non-celebs, sometimes the in-



Simone De La Rue at her Body by Simone West Hollywood studio. GETTY IMAGES

tensity is not as great, as the extreme pressure is not present. At the end of the day though, exercise is exercise and it comes down to the person and how motivated they are."

BBS is powered by artificial intelligence to give you customizable and personalized workouts as well as a nutrition program suited to your preferences and fitness

goals. With the premium monthly subscription — \$19.99 — you also have access to live classes with De La Rue and hundreds of plant- and protein-based recipes created by nutritionist Kelly LeVeque.

LBBS is different from other workout apps because of its dual nutrition and exercise components, the celeb

trainer told Metro. "It's your one stop shop for all your fitness needs."

**Metro tried out BBS**  
Choosing 10-minute Workouts by Muscle Group" on the BBS app is free (but getting access to anything longer than 10 minutes as well as more personalized workouts, the nutrition program and live classes, requires

the premium \$19.99 per month subscription). So, that's what I went for — a zero-cost workout to get a sneak peek.

I was directed to answer questions on whether I wanted to get toned or trimmed (I chose toned) and what nutrition style I had (plant-based, protein-based or both, to which I chose "both"). I was then greeted with a suggestion: Based on my answers, "Simone recommends" I work out five to six times weekly. (Thanks, Simone!)

Since I get to the gym, on average, four times per week, where I usually hit the weights and log half-hour sessions on the elliptical or bike (and the treadmill if I'm feeling particularly inspired), I picked the "advanced" option.

Once I was officially in the BBS app, I wasn't able to unlock full recipes without subscribing to premium, which is a shame because the

Shrimp Spring Rolls looked amazing.

After drooling over the recipe previews, I tried out the 10-minute ab and arm workouts. Both had the same full body warm-up — including lunges, punches and pliés — and cool down stretches. Both followed eight counts, which I liked because there were fewer reps for more sets.

The core workout focused on using your body weight, but it was challenging. De La Rue added in small variations to ordinary moves that ultimately made them more difficult (take, for instance, the extra pulse she added to bicycles). I also really liked that she saved extra time between each exercise to roll out your neck and release all that pressure that tends to build up.

Getting this glimpse into the app definitely made me want to upgrade to premium.

It's simple: There's no BS about BBS.

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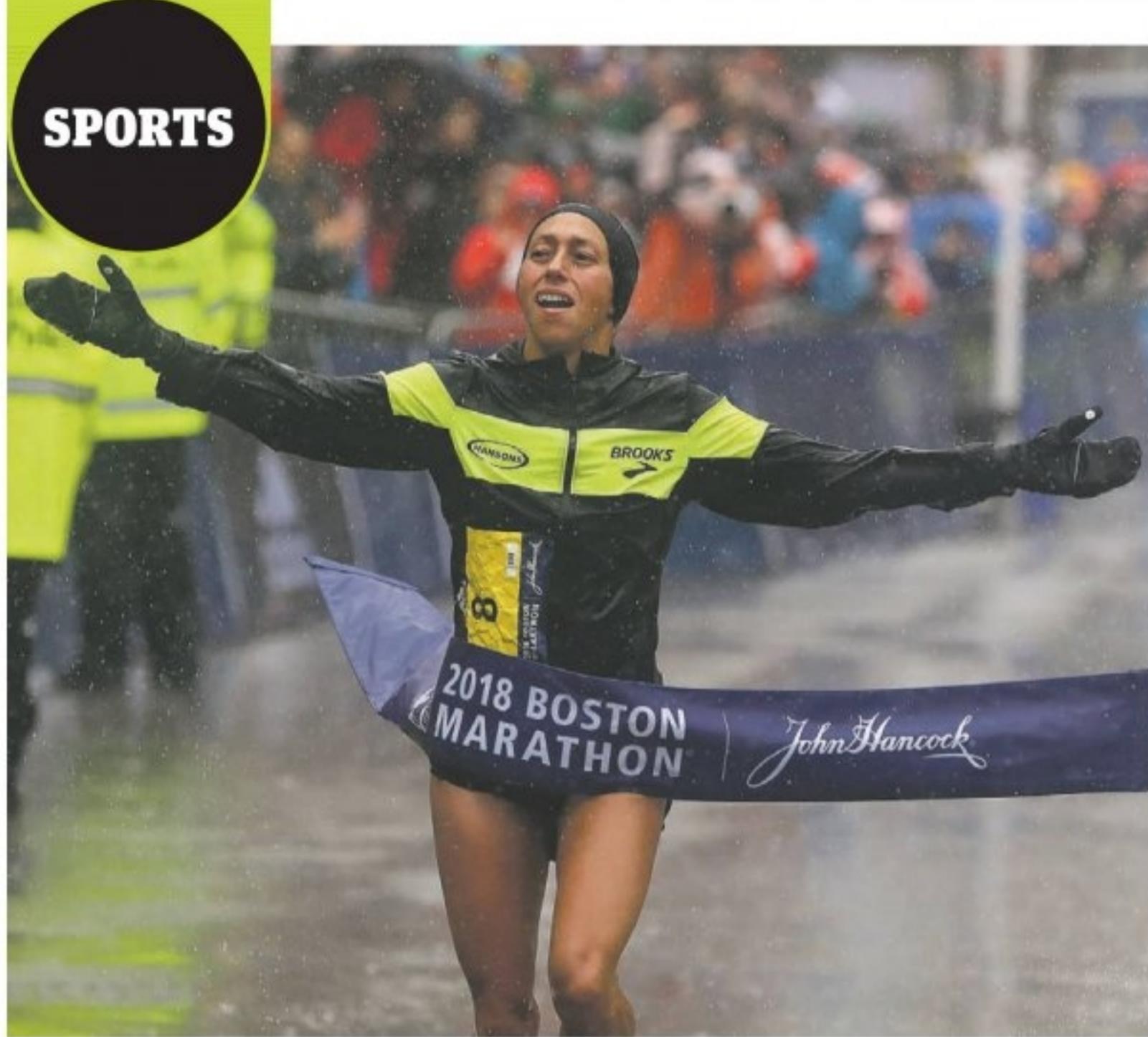
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## SPORTS



American Desiree Linden crosses the finish line Monday in downtown Boston. GETTY IMAGES

# Des steals the show

Linden becomes first American woman to win marathon in 33 years.

 MATT BURKE  
matthew.burke@metro.us

Runners, spectators and the entire city of Boston were drenched on Marathon Monday but there was absolutely no damper on the day as Desiree Linden lifted everyone's spirits.

Linden — a native of Chula Vista, California, and current resident of Rochester Hills, Michigan — pulled into the lead late in the women's field of the 122nd Boston running, with #GoDesi quickly starting to trend throughout the Hub. In crossing the Boylston finish line with a time of 2:33:41 shortly after noon, Linden became the first American woman to place first in the Boston Marathon in 33 years.

Lisa Larsen Weidenbach was the last

American female to win, claiming glory in 1985.

"I don't have the right words," Linden said shortly after her victory. "I'm thrilled. It's supposed to be hard and I just want to thank John Hancock and the [Boston Athletic Association] for giving me a chance year after year and believing in me when I didn't believe in myself."

Linden finished in second place by just two seconds seven years ago at Boston, making her 2018 win that much more special. The 34-year-old paraded around Boylston Street with the American flag following her victory as hundreds of soaked onlookers cheered her on.

Adding to the drama was Linden having slowed down to wait for fellow American and Marblehead, Massachusetts, native Shalane Flanagan to use the bathroom around the halfway mark of the race. Despite the hold-

## Top finishers

### Women

1. Desiree Linden, USA (2:39:54)
2. Sarah Sellers, USA (2:44:04)
3. Krista Duchene, Canada (2:44:20)
4. Rachel Hyland, USA (2:44:29)
5. Jessica Chichester, USA (2:45:23)

### Men

1. Yuki Kawauchi, Japan (2:15:58)
2. Geoffrey Kirui, Kenya (2:18:23)
3. Shadrack Biwott, USA (2:18:35)
4. Tyler Pennel, USA (2:18:57)
5. Andrew Bumbalough, USA (2:19:52)

up, Linden powered through — eventually blowing by the rest of the field.

Flanagan, who won the New York City Marathon last fall, placed sixth in Boston on Monday.

## Elite of the elite

Japan's Yuki Kawauchi overtook defending champion Geoffrey Kirui late in the men's race and won with a time of 2:15:58.

"I'm freezing cold right now," Kawauchi told WBZ TV, through a translator, right after his victory. "But this is the best crowd I've ever competed in front of in the entire world. Thank you, Boston."

In the wheelchair competition, Switzerland's Marcel Hug earned his fourth consecutive win at Boston. Under-scoring the wet conditions, he finished with a time of 1:46:26 — the slowest winning time in men's push rim in 31 years.

Maryland's Tatiana McFadden won the women's wheelchair event once again. She won four straight in Boston from 2013-16. The Russia-born McFadden did not race in 2017 because of blot clot issues.



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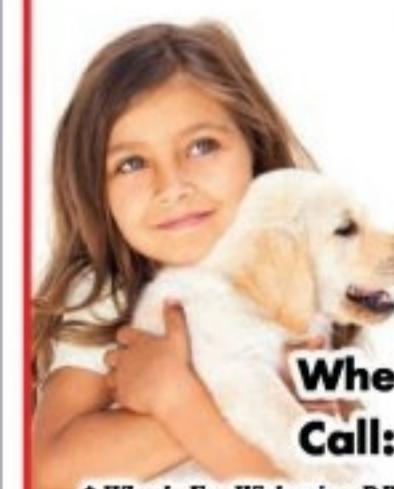
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To learn more about the study and to see if you may qualify, visit:

**LupusLilacStudy.com**



# The best places to run in Boston

Want to take up running? The Hub has plenty of great running areas.



MATT BURKE  
matthew.burke@metro.us

There is plenty of runner's guilt in Boston every year on this day, as the day after the marathon is like New Year's Day for amateur runners in New England. Deep down, we all want to run Boston like those guys and gals did yesterday.

Fortunately for all runners in the Hub, elite and far-from-elite, there are plenty of awesome areas in and around the city to get a run in. We spoke with Mark Lowenstein — author of "Great Runs in Boston" and founder of the website GreatRuns.com, about the best areas to run in throughout the city, some hidden gems, and how Boston stacks up to other cities when it comes to running.

### Top 3 places

These areas can get crowded, but it's still so worth it.

"First, obviously, is the Charles River," Lowenstein told Metro. "When people think of running in Boston, that's it. The Emerald Necklace is No. 2. There's almost a con-

tinuous path for miles and you see the state house. Third, and this one continues to change for the better, is the Harbor Walk along the water. You can now run from Charlestown to Quincy and it's almost continuous all along the water. That's a run in Boston that's gotten way, way better — between Castle Island and UMass Boston — it's really wonderful. There's a pretty ocean view the whole way."

### Hidden gems

Lowenstein mentioned Franklin Park and a path in Newton that goes all the way through an old aqueduct that you can run for continuous miles as one hidden gem and in the suburbs there is a fabulous gravel road between Lexington and Concord that parallels Route 2A. But the most underrated place in the Boston area has to be Deer Island.

"It's the best run around a waste treatment plant in the entire world," Lowenstein said with a laugh. "There are three mile ocean views the whole way. You would think that running near an airport wouldn't be all that interesting but near the Hyatt there are just some fantastic views of the Boston skyline. Early in the morning or at sunset it's just spectacular."

### How does Boston stack up?

Lowenstein says Boston is a great place to run, but stopped short of calling the Hub the best in the country — mostly because for half of the year it is not an enjoyable place to run due to weather.

"It definitely stacks up though because of the running culture," Lowenstein said. "Between the Marathon and all the running apparel and shoe companies that all see it fit to call Boston home, this is a running city. It's great because Boston is also compact and walkable — which translates in to a good running city."

Lowenstein also added that the signage in Boston is not nearly as good as some other cities in the country. It's — ya know — important to know where you are and where you're going.

### Best beach runs

Lowenstein likes Revere Beach as a good running beach due to it being wide and having compact sand. Nahant Beach and Crane's Beach on the North Shore are also good running beaches due to the firmness.

South of Boston, Lowenstein says Nantasket is a great running beach.

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Apply for BEST's 6 week, full time Introduction to Hospitality class, a registered housekeeping pre-apprenticeship program, that starts on April 30.

Graduates meet with Career Coaches with the goal of being hired by one of Boston's union hotels.

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more, attend an information session on Tuesdays at 4:00 PM, or call Brenda at 617-708-0711.

Would you rather work in a Restaurant? Take BEST's 3 week, full time Professional Server class. Earn industry required certifications such as TIPS and MA Allergen. If selected, you will meet with a Career Coach with the goal of being hired in a Boston area restaurant. To learn more, attend an information session on Wednesdays at 4:00 PM, or call Brenda at 617-708-0711.

Information sessions are held at BEST Hospitality Training, 2201 Washington St., Roxbury MA.

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### WANTED

### PS ORANGE CO., INC.

#### NOTICE OF PUBLIC LIEN SALE

NOTICE IS HEREBY GIVEN THAT THE UNDERSIGNED WILL SELL AT PUBLIC LIEN SALE BY COMPETITIVE BIDDING at 9:00 am on 4/25/2018 at PS ORANGE CO., INC., 1470 Main St., Weymouth, MA 02190. The personal goods stored therein by the below named occupant (s):

Unit	A1014	O'Brien, Tracey	Boxes, Bags, Totes, Misc.
Unit	A1102	Bearden, Barbara	Boxes, Bags, Totes, Misc.
Unit	A1110	King, Gorden	Boxes, Bags, Totes, Misc.
Unit	A2027	Campanale, Eleanor	Boxes, Bags, Totes, Misc.
Unit	A2074	Tartaglione, Chris	Boxes, Bags, Totes, Misc.
Unit	A2088	Blackwell, Victoria	Boxes, Bags, Totes, Misc.
Unit	A2091	Ovalles, Martin	Boxes, Bags, Totes, Misc.
Unit	A2120	Holyoke, Robert	Boxes, Bags, Totes, Misc.
Unit	A2129	Lathan, Caesar	Boxes, Bags, Totes, Misc.
Unit	A2133	Kelliher, Alyssa	Boxes, Bags, Totes, Misc.
Unit	A2166	Campanale, Eleanor	Boxes, Bags, Totes, Misc.
Unit	A2193	Langmeyer, Frances	Boxes, Bags, Totes, Misc.
Unit	A2194	Davis, Cornelius	Boxes, Bags, Totes, Misc.
Unit	A3021	Devane, Garland	Boxes, Bags, Totes, Misc.
Unit	A3028	Devane, Garland	Boxes, Bags, Totes, Misc.
Unit	A3115	Creech, Eartha	Boxes, Bags, Totes, Misc.
Unit	A3134	Higgins, Mike	Boxes, Bags, Totes, Misc.
Unit	A3135	Belben, Nancy	Boxes, Bags, Totes, Misc.
Unit	A3145	Wynne, Craig	Boxes, Bags, Totes, Misc.
Unit	A3176	Hou, Merry	Boxes, Bags, Totes, Misc.
Unit	A3183	Stcroix, Justine	Boxes, Bags, Totes, Misc.
Unit	A3203	Carter, Dorothy	Boxes, Bags, Totes, Misc.
Unit	B009	Willie, James	Boxes, Bags, Totes, Misc.
Unit	B015	Arthur, Brian	Honda, Accord, 2004, 7386
Unit	B018	Amonte, Michael	Boxes, Bags, Totes, Misc.
Unit	C009	Tiguiti, Abdul	Boxes, Bags, Totes, Misc.

PURCHASES MUST BE MADE AT TIME OF SALE WITH CASH ONLY. ALL GOODS SOLD "AS IS" and must be removed at time of sale. PS ORANGE CO., INC. reserves the right to withdraw units from sale and to cancel public lien sale without further notice. Kerrilyn Ross, agent for owners.

### WANTED

### PS ORANGE CO., INC.

#### NOTICE OF PUBLIC LIEN SALE

## JOBS

### General Help Wanted

#### Airport Jobs Open House:

We are looking to fill our Baggage Handler shifts from 0330AM-1130AM or 0400AM to 0900AM (early morning shifts).

We are currently holding walk in interviews Tuesdays and Wednesdays from 9AM-4PM at 982 Bennington St. 3rd FL. East Boston, MA.

Please go online to [www.g2securestaff.com](http://www.g2securestaff.com) to apply. With inquiries, please call our office at **617-568-9194**.

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## LEGAL NOTICES

### PS ORANGE CO., INC.

#### NOTICE OF PUBLIC LIEN SALE

NOTICE IS HEREBY GIVEN THAT THE UNDERSIGNED WILL SELL AT PUBLIC LIEN SALE BY COMPETITIVE BIDDING at 9:00 am on 4/25/2018 at PS ORANGE CO., INC., 2030 Main St., Brockton, MA 02301.

The personal goods stored therein by the below named occupant (s):

Unit	A016	Grober, Bruce	Boxes, Bags, Totes, Misc.
Unit	A028	Andrade, Zaida	Boxes, Bags, Totes, Misc.
Unit	B036	Morel, Audra	Boxes, Bags, Totes, Misc.
Unit	B050	Pires, Sheena	Boxes, Bags, Totes, Misc.
Unit	B058	Tartaglione, Chris	Boxes, Bags, Totes, Misc.
Unit	B062	Nicholson, Neysa	Boxes, Bags, Totes, Misc.
Unit	C083	Padilla, Amilda	Boxes, Bags, Totes, Misc.
Unit	C084	Lagarde, Louis	Boxes, Bags, Totes, Misc.
Unit	C102	Ortiz, Miguel	Boxes, Bags, Totes, Misc.
Unit	C104	Ramos, Richard	Boxes, Bags, Totes, Misc.
Unit	C105	Curtis-Rhodes, Darlene C.	Boxes, Bags, Totes, Misc.
Unit	C124	Martin, Daemion	Boxes, Bags, Totes, Misc.
Unit	C134	REID, KELVIN	Boxes, Bags, Totes, Misc.
Unit	C138	Sheriff, Bintu	Boxes, Bags, Totes, Misc.
Unit	C165	Ortiz, Maria	Boxes, Bags, Totes, Misc.
Unit	C174	Andrews, Brandon	Boxes, Bags, Totes, Misc.
Unit	C175	Stevens, John	Boxes, Bags, Totes, Misc.
Unit	C186	Cohen, Adam	Boxes, Bags, Totes, Misc.
Unit	C207	Zaccaro, Nick	Boxes, Bags, Totes, Misc.
Unit	C212	Lagarde, Louis	Boxes, Bags, Totes, Misc.
Unit	C215	Finnigan, Jennifer	Boxes, Bags, Totes, Misc.
Unit	D231	Dejean, Roger	Boxes, Bags, Totes, Misc.
Unit	D236	Murphy, Allen	Boxes, Bags, Totes, Misc.
Unit	D238	Wheaton, Jayla	Boxes, Bags, Totes, Misc.
Unit	D241	Phanuel, Maureen	Boxes, Bags, Totes, Misc.
Unit	D244	ZENE, SONYA	Boxes, Bags, Totes, Misc.
Unit	D283	Willcutt, Dawn	Boxes, Bags, Totes, Misc.
Unit	D296	Saucier, Padge	Boxes, Bags, Totes, Misc.
Unit	D319	Starosky, John	Boxes, Bags, Totes, Misc.
Unit	D327	Jaycox, Cynthia	Boxes, Bags, Totes, Misc.
Unit	D335	Finnigan, Patricia	Boxes, Bags, Totes, Misc.
Unit	D338	Lagarde, Louis	Boxes, Bags, Totes, Misc.
Unit	E366	Rogers, Laurie	Boxes, Bags, Totes, Misc.
Unit	E375	Cudmore, David	Boxes, Bags, Totes, Misc.
Unit	E376	Jackson, Guy	Boxes, Bags, Totes, Misc.
Unit	E388	Soares, Elizabeth	Boxes, Bags, Totes, Misc.
Unit	E415	Pierre-Louis, Jefferson	Boxes, Bags, Totes, Misc.

PURCHASES MUST BE MADE AT TIME OF SALE WITH CASH ONLY. ALL GOODS SOLD "AS IS" and must be removed at time of sale. PS ORANGE CO., INC. reserves the right to withdraw units from sale and to cancel public lien sale without further notice. Kerrilyn Ross, agent for owners.

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- COB Liquor License
- Licensing
- Notice of Public Hearing
- Divorces
- Care and Protection of Parental Rights
- Notice of Sale of personal Property
- Transportation
- Order of Notice

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**herman.miles@metro.us**

### MORTGAGEE'S NOTICE OF SALE OF REAL ESTATE

By virtue and in execution of the Power of Sale contained in a certain Mortgage given by Jacqueline Augustin to Mortgage Electronic Registration Systems, Inc., as nominee for Opteum Financial Services, LLC, its successors and assigns, dated May 23, 2006 and recorded with the Suffolk County Registry of Deeds at Book 39685, Page 279 as affected by a Loan Modification recorded in said Registry of Deeds at Book 49149, Page 261 subsequently assigned to U.S. Bank National Association as trustee on behalf of the holders of Banc of America Funding Corporation Mortgage Pass-Through Certificates, Series 2006-H by Mortgage Electronic Registration Systems, Inc., acting solely as nominee for Opteum Financial Services, LLC, its successors and assigns by assignment recorded in said Suffolk County Registry of Deeds at Book 47876, Page 321; of which Mortgage the undersigned is the present holder for breach of the conditions of said Mortgage and for the purpose of foreclosing same will be sold at Public Auction at 3:00 PM on May 1, 2018 at 1022 - 1024 Canterbury Street, Boston (Roslindale), MA, all and singular the premises described in said Mortgage.

#### TO WIT:

A parcel of land with the buildings thereon situated in said Boston in that part thereof known as Roslindale and shown as Parcel B158-22 on plan entitled: the Commonwealth of Massachusetts Plan of Land in the City of Boston Suffolk County Taken for Highway Purposes by the Department of Public Works, June 18, 1969, Scale: 40 feet to the inch", signed by Daniel S. Horgan, P.E., Chief Engineer, and approved by the Order of Taking on July 10, 1969 in the Registry of Deeds for Suffolk County in Book 8296, Page 127, being bounded and described as follows: Parcel B158-22 A parcel of land formerly owned by William J. and Evelyn D. Shanahan, bounded northerly by Canterbury Street 135.95 Feet; southeasterly in part by land now or formerly of the Commonwealth of Massachusetts, Department of Public Works, and in part by land now or formerly of Frederick J. and Albina R. Forte, a total of 110.60 feet; and southwesterly by land now or formerly of Carmela Celata, Sabina Celata, Alfred Celata, Richard Celata, Leonard Celata, Joseph Celata, Ann Marie Celata, Edward Celata, Carol Caruso and Albina Forte about 90 feet; containing about 5504 square feet. For Title see Deed dated October, 31, 1994, and recorded at said Deeds in Book 19412, Page 102. For title see deed herewith.

The premises are to be sold subject to and with the benefit of all easements, restrictions, building and zoning laws, liens, attorney's fees and costs pursuant to M.G.L.Ch.183A, unpaid taxes, tax titles, water bills, municipal liens and assessments, rights of tenants and parties in possession.

#### TERMS OF SALE:

A deposit of FIVE THOUSAND DOLLARS AND 00 CENTS (\$5,000.00) in the form of a certified check, bank treasurer's check or money order will be required to be delivered at or before the time the bid is offered. The successful bidder will be required to execute a Foreclosure Sale Agreement immediately after the close of the bidding. The balance of the purchase price shall be paid within thirty (30) days from the sale date in the form of a certified check, bank treasurer's check or other check satisfactory to Mortgagee's attorney. The Mortgagee reserves the right to bid at the sale, to reject any and all bids, to continue the sale and to amend the terms of the sale by written or oral announcement made before or during the foreclosure sale. If the sale is set aside for any reason, the Purchaser at the sale shall be entitled only to a return of the deposit paid. The purchaser shall have no further recourse against the Mortgagor, the Mortgagee or the Mortgagee's attorney. The description of the premises contained in said mortgage shall control in the event of an error in this publication. **TIME WILL BE OF THE ESSENCE.**

Other terms if any, to be announced at the sale.

U.S. Bank National Association as trustee on behalf of the holders of Banc of America Funding Corporation Mortgage Pass-Through Certificates, Series 2006-H

Present Holder of said Mortgage,  
By Its Attorneys,  
ORLANS PC  
PO Box 540540  
Waltham, MA 02454  
Phone: (781) 790-7800  
17-008539

April 10, 2018, April 17, 2018 and April 24, 2018

### PS ORANGE CO., INC.

### NOTICE OF PUBLIC LIEN SALE

NOTICE IS HEREBY GIVEN THAT THE UNDERSIGNED WILL SELL AT PUBLIC LIEN SALE BY COMPETITIVE BIDDING at 9:00 am on 4/25/2018 at PS ORANGE CO., Inc., 805 North St., Randolph, MA 02368.

The personal goods stored therein by the below named occupant (s):

Unit A014	Sinibaldi, Marie	Boxes, Bags, Totes, Misc.
Unit A019	Tate, Richard	Boxes, Bags, Totes, Misc.
Unit A042	McGlashing, Danny	Boxes, Bags, Totes, Misc.
Unit A062	Mikalauksis, John	Boxes, Bags, Totes, Misc.
Unit A087	LISS, JUSTIN	Boxes, Bags, Totes, Misc.
Unit A119	Jones, Deron	Boxes, Bags, Totes, Misc.
Unit A151	Prevost, Eugene	Boxes, Bags, Totes, Misc.
Unit A165	Bartlett, Larah	Boxes, Bags, Totes, Misc.
Unit A168	Paradis, Jessica	Boxes, Bags, Totes, Misc.
Unit A173	Devin, William	Boxes, Bags, Totes, Misc.
Unit A292	Wilson, Jill	Boxes, Bags, Totes, Misc.
Unit A321	Jones, Amber	Boxes, Bags, Totes, Misc.
Unit A367	Paradis, Jessica	Boxes, Bags, Totes, Misc.
Unit A384	Wilson, Mark	Boxes, Bags, Totes, Misc.
Unit A419	Nichols, Patricia	Boxes, Bags, Totes, Misc.
Unit A460	Williams, Kayla	Boxes, Bags, Totes, Misc.
Unit A463	Hartnett, Bill	Boxes, Bags, Totes, Misc.
Unit A511	Whelton, Harriet	Boxes, Bags, Totes, Misc.
Unit A563	Straub, Laurie	Boxes, Bags, Totes, Misc.
Unit A586	Joseph, Jean	Boxes, Bags, Totes, Misc.
Unit A591	Mcdonald, Jason	Boxes, Bags, Totes, Misc.
Unit A605	Campitelli, Dean	Boxes, Bags, Totes, Misc.
Unit A607	Perez, Alsinoe	Boxes, Bags, Totes, Misc.

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The personal goods stored therein by the below named occupant (s):

Unit 007	George, William	Boxes, Bags, Totes, Misc.
Unit 018	Tikili, Emmanuel	Boxes, Bags, Totes, Misc.
Unit 043	Bergdall, Jeanne	Boxes, Bags, Totes, Misc.
Unit 081	Barghout, Elisa	Boxes, Bags, Totes, Misc.
Unit 095	Brown, Ruby	Boxes, Bags, Totes, Misc.
Unit 109	Tavares, Kyla	Boxes, Bags, Totes, Misc.
Unit 113	Schofield, Diane	Boxes, Bags, Totes, Misc.
Unit 123	Brown, Ruby	Boxes, Bags, Totes, Misc.
Unit 142	Calcano, Kathy	Boxes, Bags, Totes, Misc.
Unit 147	St James, Richard	Boxes, Bags, Totes, Misc.
Unit 160	Butz, Andrew	Boxes, Bags, Totes, Misc.
Unit 163	Waldron, Marion	Boxes, Bags, Totes, Misc.
Unit 167	O'sullivan, Eugene	Boxes, Bags, Totes, Misc.
Unit 204	Desroches, Patrick	Boxes, Bags, Totes, Misc.
Unit 211	Barghout, Sinuhe	Boxes, Bags, Totes, Misc.
Unit 222	Langan, Amy	Boxes, Bags, Totes, Misc.
Unit 231	Ciceron, Jefftey	Boxes, Bags, Totes, Misc.
Unit 237	Nicholson, Amanda	Boxes, Bags, Totes, Misc.
Unit 274	Graney, Joseph	Boxes, Bags, Totes, Misc.
Unit 310	Owens, Mel	Boxes, Bags, Totes, Misc.
Unit 411	Serrano, Neomaris	Boxes, Bags, Totes, Misc.
Unit 468	Akins, Danesha	Boxes, Bags, Totes, Misc.
Unit 482	Chambers, Merveline	Boxes, Bags, Totes, Misc.
Unit 485	Pasman, Molly	Boxes, Bags, Totes, Misc.
Unit 535	Bermudas, Jibrillah	Boxes, Bags, Totes, Misc.
Unit 617	Pauls, Edith	Boxes, Bags, Totes, Misc.
Unit 623	Pauls, Edith	Boxes, Bags, Totes, Misc.
Unit 674	Vilcinor, Pierre	Boxes, Bags, Totes, Misc.
Unit 725	Fantasia, Joseph	Boxes, Bags, Totes, Misc.
Unit 735	Croxen, Lori	Boxes, Bags, Totes, Misc.
Unit 741	Tate, Kelly	Boxes, Bags, Totes, Misc.

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## GAMES

## ACROSS

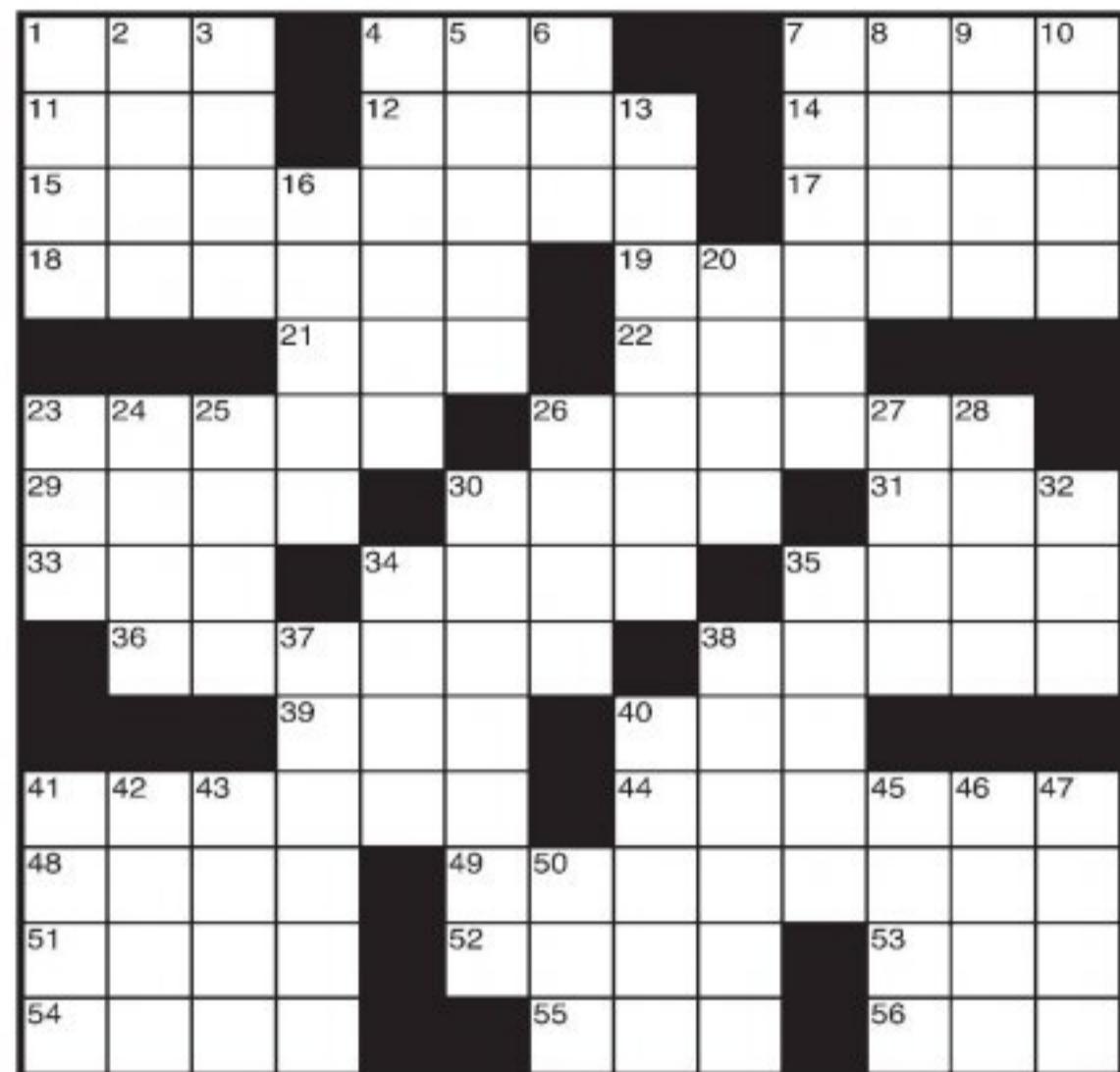
1 Wordless acknowledgment  
4 Pops  
7 Actor Nicolas –  
11 Mine find  
12 Tuneful Paul –  
14 – no idea!  
15 Of the Milky Way  
17 Life of the party  
18 Pizza servings  
19 In a bad mood  
21 Take a crack at  
22 Belly dance instrument  
23 Nursery items  
26 Lighter fill  
29 – Reekie (Edinburgh)  
30 Silver and Howard  
31 United

33 Big T-shirts  
34 Vegetarian no-no  
35 Blend in  
36 More spooky  
38 Hippie wear  
39 Layer  
40 – kwon do  
41 100-meter race  
44 Regal fur  
48 Legal claim  
49 Place to stretch (2 wds.)  
51 Choir member  
52 Ivy League school  
53 Language suffix  
54 Wax makers  
55 Pitch  
56 Cereal grass

## DOWN

1 Eggy drinks  
2 Paperless exam  
3 Submarine seller  
4 Indiana hoopsters  
5 Rarin' to go  
6 Compete in a slalom  
7 Shrill insect

8 Whaler of fiction  
9 Duds  
10 Vortex  
13 Rendering  
16 Did something  
20 Road hazards  
23 Payroll deduction  
24 Regulation  
25 Otherwise  
26 Wild tusker  
27 – bene  
28 Oklahoma town  
30 NASA splashdown  
32 Hosp. areas  
34 Bearing  
35 Appears  
37 Jungle chargers  
38 Trade  
40 Physicist Nikola –  
41 Thick piece  
42 Carpet feature  
43 Nerve network  
45 Anatomical passage  
46 Too curious  
47 Dueler's weapon  
50 Nibble on



## metro.us/sudoku

easy

8	9		2	7	4	6			
		7				8			
5		1	9						
8		7			5				
4						2			
	6		2			3			
			2	3			1		
9					4				
	2	9	5	6		8	7		

hard

		6	2			9		7	
4			6				5		
5		9				6	8		
6			4	8					
	3		1		6				
			9	3			5		
9	3				6		7		
	6			5			3		
5		7			9	2			

## metro.us/horoscopes



**Aries** Slow down and consider the consequence of your actions. It's important to look at all your options before you take on someone or something that's difficult.



**Taurus** You'll have a chance to make a unique contribution to something that you feel strongly about. Put your physical ability to the test and take bold steps.



**Gemini** Tidy up loose ends and go over financial documents. Pay close attention to contracts and settlements. Negotiate on your own behalf.



**Cancer** Get involved in projects or associations that you feel you can help. What you offer will be appreciated and will bring about an unusual offer that can improve your life.



**Leo** You'll be eager to make a change, but consider the cost involved and how loved ones will be affected before you jump into something.



**Virgo** Take a closer look at different ways to look after children or parents who need assistance. Calling a family meeting or talking to an expert will help.



**Libra** A purchase you want to make will have hidden costs. Find out what's expected of you before committing to participate in a joint venture. Don't make a change if it's too costly.



**Scorpio** Physical changes will give you the boost you need to initiate your plans. Partnerships will lead to greater opportunities and the chance to use your skills in a gratifying way.



**Sagittarius** Getting along with your peers will help you avoid a setback that could affect your income. You'll be tempted to make a spur-of-the-moment decision that can lead to loss.



**Capricorn** Concentrate on home, family and personal gains. Taking time to rejuvenate or doing something that will improve your relationship with a loved one should be a priority.



**Aquarius** Don't place too much importance on what others do. Be your own boss and follow the path that suits you best. If peer pressure is applied, opt to do your own thing.



**Pisces** The past will be a good barometer for how to best handle what's heading your way. An investment opportunity could lead to a higher standard of living. **EUGENIA LAST**

## Yesterday's answers

APR	ASHY	RAG
MOOG	MORE	ERA
AGAR	IN SPADES	
HODADS		SOAP
PJS	HIP	
LOCHS	WORSEN	
OLES	CAPE RIM	
GAD	AIRS JILT	
FEALTY	CUKES	
VEE	TIN	
IDLE	AIKIDO	
TEARDROP	ELAN	
LED	RAVE TENT	
LPS	YEAR SAO	

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